

# BLESS Prayer Guide for Parents



## **B -- pray for their Body (Mondays)**

- for health and safety
- to have an appropriate view of their body and a desire to take care of it
- that others would respect and protect their body
- that God would help them flee physical temptations
- that God would make us aware of anything we need to know about their health and well-being
- that they would use their body to honor God

*1 Cor. 6:19-20*

## **L -- pray for their Labor (Tuesdays)**

- for school - that they would love and be able to learn and understand challenging concepts
- that they would see their own progress
- that God would give them a desire and gifting for their future career path
- that their work ethic and integrity would shine
- that they would have a healthy view of money and acknowledge that God is the source of our income

*Colossians 3:23-24*

## **E -- pray for their Emotions (Wed)**

- that they believe the truth about who God says they are and how loved they are by God, us, and others
- that they would not be ruled by fear and emotions but by facts and truth

- that they would learn to keep an open dialogue to discuss difficult emotions and use God's Word to conquer them
- that they would choose joy and gratitude
- that they would deal with stress in healthy ways

*Galatians 5:22-23*

## **S -- pray for Spiritual Growth (Thurs)**

- that they would be saved and have a hunger for God and His Word
- that their love for God would exceed their love for the things of this world
- that they would be honest about their doubts so we could investigate those together
- that they would have opportunities to grow in their faith and be strong in the face of persecution
- that they walk in obedience to God's commands
- that they have opportunities to share the Gospel

*Ephesians 2:8-10*

## **S -- pray for their Social Life (Fridays)**

- for Godly, like-minded friends to do life with
- for their future spouse
- for drama and temptation to be absent or called out when present
- for them to be repulsed by sin and the things of this world as He shapes their desires
- for us to have supernatural insight and discernment when it comes to their relationships
- for our house to be a place where friends and family hang out and create wonderful, healthy memories

*1 Thessalonians 5:11*